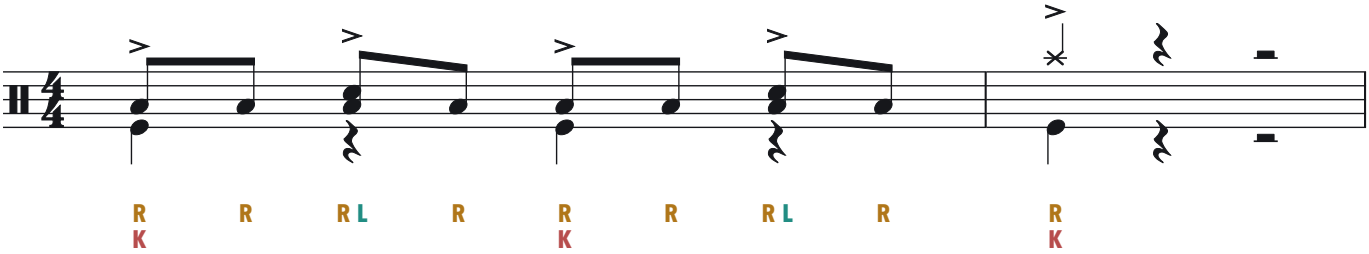
ROCK · DRUM GROOVE

FLOOR TOM GROOVE

the right hand moves to the floor tom

Target tempo **100 BPM** Practice ladder **60 · 80 · 100 BPM** Time 4/4



THE IDEA

Take the right hand off the hi-hat and play the eighths on the floor tom instead. The same limbs make a big, tribal sound, and the louder beats on the tom pull the groove along.

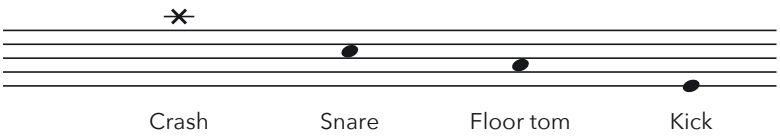
TIPS

Your arms cross less here, but the floor tom rings: play it from the wrist, not the arm. Accent the tom on each beat and keep the in-between notes lighter.

PRACTICE PLAN

60 BPM	Slow: hands, then + kick. Every stroke even.	
60 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
80 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
100 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐

KEY



R right hand **L** left hand **K** kick (right foot)

> accent