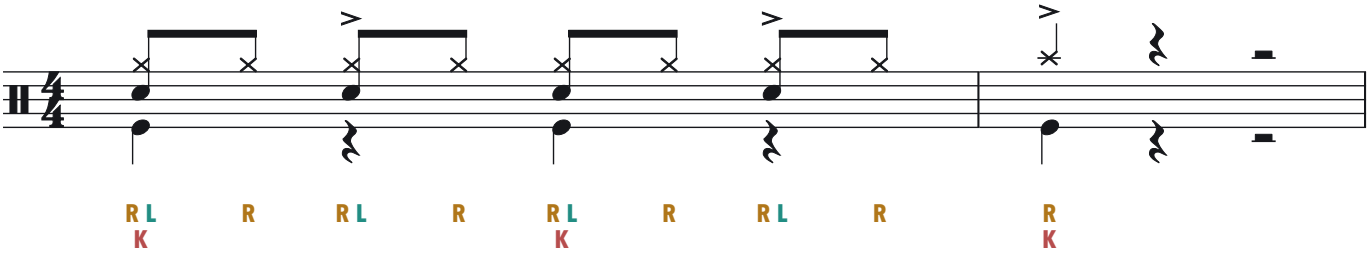
ROCK · DRUM GROOVE

SNARE ON EVERY BEAT

the Motown backbeat

Target tempo **110 BPM** Practice ladder **65 · 90 · 110 BPM** Time 4/4



THE IDEA

The left hand plays the snare on all four beats, as in classic Motown records, so the backbeat becomes a steady march. Two and four are still the loud ones.

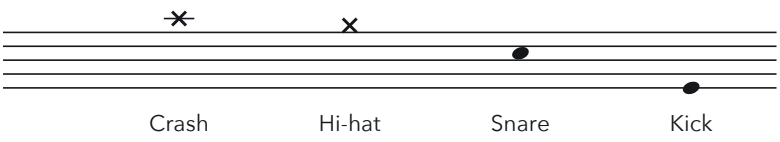
TIPS

Play beats one and three softer than two and four, or the groove turns stiff. Both hands meet on every beat now: keep the hi-hat hand relaxed and level with the snare hand.

PRACTICE PLAN

65 BPM	Slow: hands, then + kick. Every stroke even.	
65 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
90 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
110 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐

KEY



R right hand **L** left hand **K** kick (right foot)

> accent