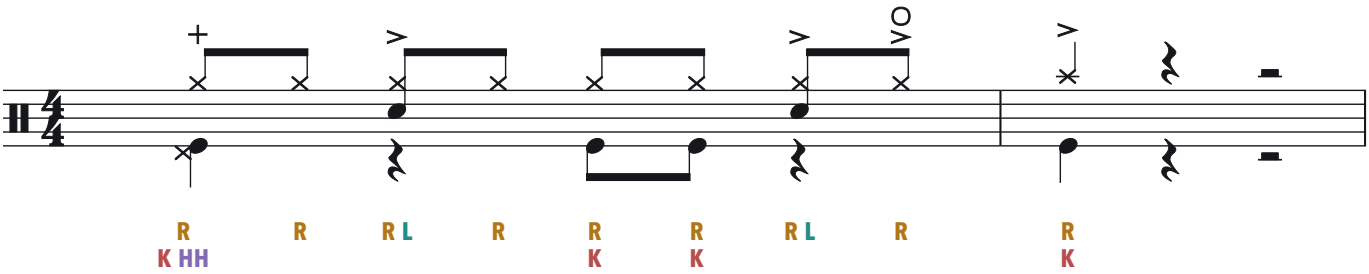
ROCK · DRUM GROOVE

OPEN HI-HAT ROCK BEAT

the hat opens on the 'and' of 4

Target tempo **100 BPM** Practice ladder **60 · 80 · 100 BPM** Time 4/4



THE IDEA

Lift the left foot on the very last 'and' so the hi-hat rings open, then close it with the foot on beat one. That splash at the end of every bar gives the beat its lift.

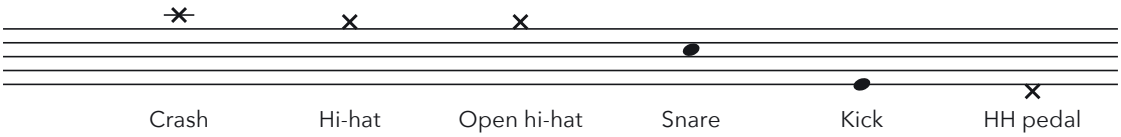
TIPS

The left foot does two jobs here: it rises just before the open note and comes down exactly on one, together with the kick. Listen for a clean 'chick' when it closes.

PRACTICE PLAN

60 BPM	Slow: hands + hat foot, then + kick. Every stroke even.	
60 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
80 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
100 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐

KEY



R right hand **L** left hand **K** kick (right foot) **HH** hi-hat foot

> accent o: open hi-hat +: hi-hat closed by the foot