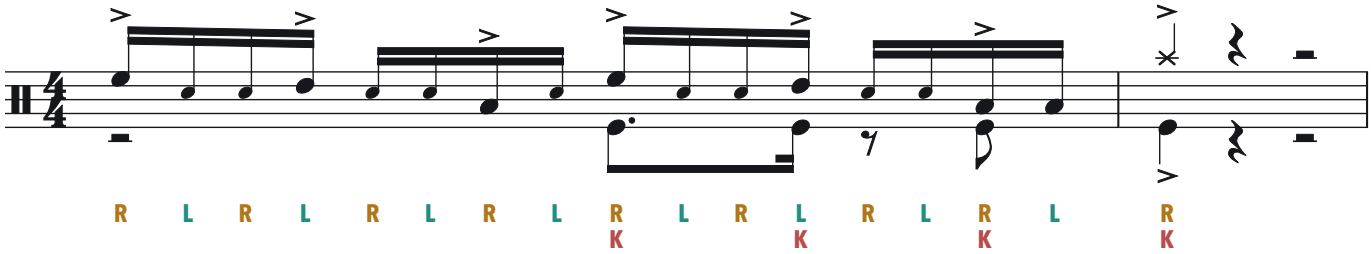
ROCK · DRUM FILL

3+3+2 ACCENT FILL

16ths grouped 3-3-2, accents jump to the toms

Target tempo **110 BPM** Practice ladder **65 · 90 · 110 BPM** Time 4/4



THE IDEA

Straight 16th singles on the snare, but accented in groups of 3+3+2: every accent moves to a tom, so the bar splits into a tresillo you can hear even at full speed.

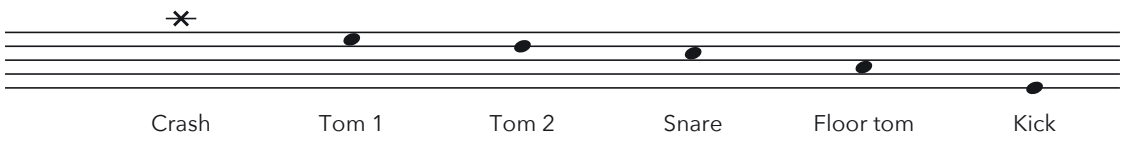
TIPS

Play the unaccented notes low (ghost height) and only lift the stick for the accent. The kick doubles each accent in the second half to make it land like a hit.

PRACTICE PLAN

65 BPM	Slow: cells 1-2, then cells 1-3, then cells 1-5, then the whole fill. Every stroke even.	
65 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
90 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐
110 BPM	Play along 4 bars, then your turn 4 bars. Tick a box per clean run.	☐☐☐☐

KEY



R right hand **L** left hand **K** kick (right foot)

> accent small head: ghost note